

## DON'T JUST JOIN A GYM...JOIN A CLUB!

### Main Complex

	Members	Non-Members
<b>Gym</b>	€4	€10***
<i>Weekly Ticket</i>	€10	
<b>Water Suite</b>	€4	€10***
<i>Weekly Ticket</i>	€10	
<b>Gym &amp; Water Suite</b>	€6	€12***
<i>Weekly Ticket</i>	€18	
<b>Squash</b>	€4	€10***
<b>Squash Club Member</b>	€2.50	
<b>Table Tennis</b>	€3	€10***
<b>Athletics Track</b>	FREE	€10***
<b>Tennis (Courts 3-8)</b>	€3	€10***
<b>Tennis Lights</b>	€6	
<b>Fitness Suite</b>	€4	€10***
<b>Badminton</b>	€3	€10***
<b>Badminton Club Member</b>	€2	
<b>Indoor Bowls</b>	€1.30	
<b>Bums, Legs, Thighs</b>	€3	€6***
<b>Aerobics</b>	€4	€10***
<b>Spinning</b>	€4	€10***
<b>Body Sculpt</b>	€4	€10***
<b>Aqua fit</b>	€4	€10***
<b>Snooker</b>	€1	€5***
<b>Visitor Entry to Main Hall</b>		€5***
<b>Strength &amp; Roll</b>	€4	€10***

\*\*\*must be signed in by a Member

## Tenpin Bowl

	Members	Guest of Member	Non-Members
<b>Adult Game</b>	€4	€5	€6***
<b>Child Game</b>	€3.50	€4	€5.50***
<b>1 Hour (Peak Times)</b>	€24	€27	€35***
<b>Children's Birthday Party</b>	€12.50	€14.50	

## Swimming Pool

	Members	Non-Members
<b>Adult Swim</b>	€4	€10***
<b>Child Swim</b>	€3	€5***
<b>Retiree Swim</b>	€3	€10***
<b>Lane Swim</b>	€4	€10***
<b>Gym</b>	€4	€10***
<b>Gym &amp; Swim</b>	€4.50	€15***
<b>Sauna</b>	€4	€10***
<b>Steam room</b>	€4	€10***
<b>Swim Lessons – Child (10 weeks)</b>	€70	€100***
<b>Aquafit</b>	€5	€8***
<b>Parent &amp; Toddler</b>	€5	€8***

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