

ALSAA Athletics

www.alsaa.ie

Track Race Series 19/20

<u>Date</u>	<u>Time</u>	<u>Distance</u>
15 th Oct	1930	1 mile (Bernie Murphy mile)
12 th Nov	1930	3000m
3 rd Dec	1930	1 mile
14 th Jan	1930	3000m
11 th Feb	1930	1 mile

10 th Mar	1930	3000m
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- Annual Peter Doody Memorial race

7 th Apr	1930	1 mile.
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VENUE: ALSAA SPORTS CENTRE, DUBLIN AIRPORT

ENTRY: 5 EURO per race or 25 EURO per series.

These races are organised to facilitate athletes of all standards during the Winter/Spring training season. Use them as an introduction to track racing, speed session or to judge race fitness.

EVERYONE WELCOME

For info: Contact Gerry Martin @ 087-2132244, Eugene Foley @ 086-3835695 or P.J. Noonan @ 01-8315803